

WOMEN'S MINI WEEK PACKING LIST & DIRECTIONS ON BACK

The following packing list includes suggestions for your stay during Women's Mini-Week at Camp Lakotah, based on the assumption you are registered for the entire three days. Pack clothes that will allow you to feel comfortable at camp, keeping in mind that temperatures can range from daytime heat to nighttime and early morning coolness, and that despite heart-felt prayers for sun, rain has occurred on occasion during our stays.

Bedding / Bath:

- Pillow(s)
- Sleeping Bag or other bedding
- 1 memory-foam mattress topper?
(for comfort – the single beds are very firm!)
- Bath towel and washcloth

Clothing:

- 3-5 shirts/T-shirts
- 1-2 pr. long pants/jeans
- 1-2 pr. shorts
- 4 pr. undies (always include an extra!)
- 3 pr. socks
- 1 pr. comfortable walking shoes
- 1 pr. sandals or flip-flops
- 1 pr. pajamas for cool nights
- 1 pr. pajamas for warm nights
- Sweatshirt
- Sweater or light-weight jacket
- Swimsuit, cover-up, & beach towel

Personal Items:

- Toothbrush & toothpaste
- Shampoo & conditioner
- Hairbrush & dryer
- Body wash
- Cosmetics
- Medications
- Bug bite relief cream
- Floor Mat or Rug
(for wood flooring in cabins)
- Plastic Cup with Cover

Outdoor Necessities:

- Water bottle
- Sunscreen
- Wide-brimmed hat
- Bug spray
- Flashlight
- Rain poncho or other rain gear
- Beach or picnic blanket
- Folding Chair

Activity Supplies:

- Silent Auction item to donate
 - Snacks and drinks (and a cup!)
(and a good container to keep them from critters!)
 - Camera
 - Musical instrument
 - Yoga Mat and other exercise equipment
 - Book: FEARLESS, by Max Lucado
 - Money for Massage Therapist, Silent Auction, and other activities with a fee
 - Personal activities: Bible, favorite books, music, hobby materials, etc.
 - Supplies for activity sessions you are leading (and receipts to be reimbursed!)
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Camp Lakotah

Camp Rules

1. To prevent the spread of insects and disease do not bring firewood from home. All firewood must be obtained in the Wautoma area or from Camp Lakotah. (Dimensional/construction lumber permitted).
2. Smoking is not permitted in any camp buildings. Smoking is only permitted in front of dining hall under porch.
3. Camp Lakotah's quiet hours are 10:00 p.m. to 8:00 a.m. These hours will be strictly enforced in respect of our neighbors.
4. Alcoholic beverages are not permitted in main camp. Alcoholic beverages may be consumed in your cabin area or unit.
5. For your safety and to prevent damage to camp property, we ask that you do not move beds, furniture, or storage cabinets. (Damage will be assessed accordingly).
6. Fireworks, explosives, ammunition, and firearms are prohibited.
7. The use of bicycles, ATVs, snowmobiles, and personal watercraft is prohibited without prior arrangement with the Camp Director.
8. Vehicles are to be parked in designated areas and are not permitted on walking trails. When entering camp, please abide by the 10 MPH speed limit and stay on the road at all times.
9. Please keep pets under control at all times and be sure to clean up any mess left behind.
10. All waterfront activities must be under the direct supervision of an adult.
11. Hunting and trapping is prohibited. Cleaning of fish and disposal of entails in designated area only.
12. All emergencies and accidents need to be reported to the camp staff immediately.
13. Picking of flowers or any removal of natural materials from the site is prohibited.
14. When hiking stay on designated trails. Due to the size of Camp Lakotah it is advisable to only hike in groups of two or more.
15. Please place all litter in trash containers.
16. Use of power equipment and tools is prohibited at all times.
17. Cleaning and general housekeeping is the responsibility of your family both during their stay and before departing. A charge will be assessed for damages, as well as excessive clean-up.
18. Outside fire-building is restricted to established fire pits only. For your safety we ask that you do not use flammable liquids of any kind to ignite indoor or outdoor fires. Fires constructed outside of designated fire pits could result in a fine.